



**PALO ALTO**

**YOUTH COUNCIL**

**2023-2024**

**Study Session**

---

# Who We Are

---



- 4 Committees
- 22 Palo Alto teens
  - Gunn, Paly, Castilleja, Nueva, Ocean Grove, Priory
- Objectives
  - Connect and educate youth through events, initiatives, and resources
  - Communicate city affairs and global affairs to youth
  - Champion youth concerns to the City Council & Parks and Recreation Commission
    - Increase collaboration with council & commission
  - Conduct relevant research on teen issues

# Members & Officers

---

- **President:** Olivia Chiang
- **Vice President:** Natya Chandrasekar
- **Secretary:** Melinda Huang
- **Public Information Officers :** Priscilla Chan, Joshua Kao
- **Members:**

Alyssa Lin, Anika Raffle, Anthony Ho, Connor Chin, Dolly Wu, Jillian Ascher, Keerath Puji, Lara Dumanli, Maddie Park, Matt Lee, Michael Matta, Rhea Josulya, Siyona Dhingra, Vin Bhat, Vivian Lin, Zara Mukhtar, Zoya Raza

**2022-2023**

# Themes

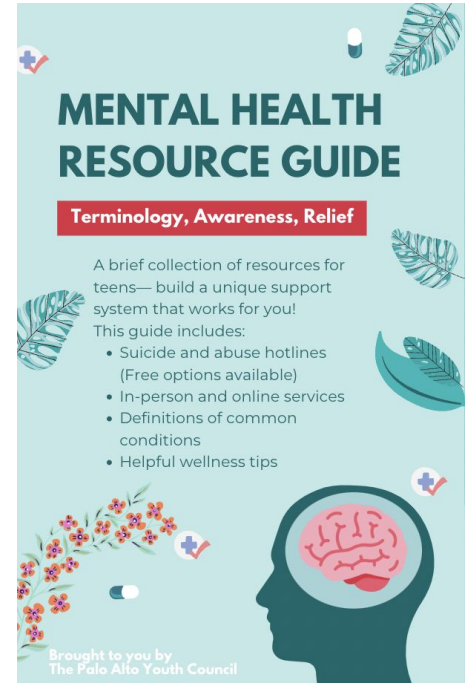
---

1. Mental Health
2. Civic Education
3. Climate Change



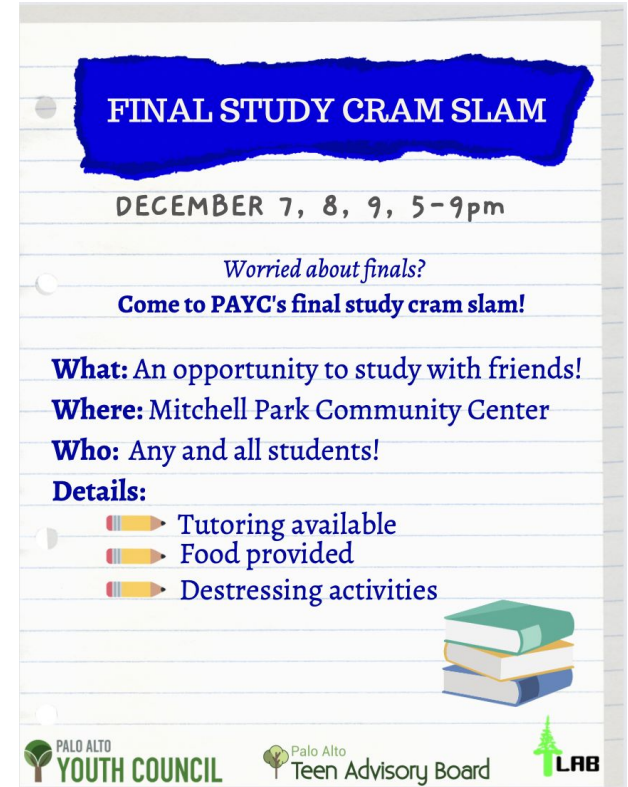
# Mental Health Resource Guide

- Objective
  - Mental health education & awareness
- Contents
  - Terminology
  - Health Risks
  - Community Resources
- Online and Physical copies
  - Michael Park Teen Services Website
  - Michael Park Teen Services Instagram



# Final Study Cram Slam

- Objectives
  - Academic support
  - Anxiety relief
  - Community bonding
- Offerings
  - Study groups
  - Free tutoring
  - Silent study & game room
  - De-stressing activities: therapy dogs, slime-making, etc
  - Free dinner & snacks



A flyer for the 'Final Study Cram Slam' event, designed to look like a piece of lined paper with a blue torn-edge header. The header reads 'FINAL STUDY CRAM SLAM' in white capital letters. Below the header, the dates 'DECEMBER 7, 8, 9, 5-9pm' are printed. The flyer includes a question 'Worried about finals?' followed by the invitation 'Come to PAYC's final study cram slam!'. It lists details: 'What: An opportunity to study with friends!', 'Where: Mitchell Park Community Center', and 'Who: Any and all students!'. Under a 'Details:' section, three items are listed with pencil icons: 'Tutoring available', 'Food provided', and 'Destressing activities'. An illustration of a stack of books is shown on the right. At the bottom, logos for 'PALO ALTO YOUTH COUNCIL', 'Palo Alto Teen Advisory Board', and 'LAB' are displayed.

**FINAL STUDY CRAM SLAM**


DECEMBER 7, 8, 9, 5-9pm




*Worried about finals?*  
**Come to PAYC's final study cram slam!**

**What:** An opportunity to study with friends!  
**Where:** Mitchell Park Community Center  
**Who:** Any and all students!

**Details:**

- ✎ Tutoring available
- ✎ Food provided
- ✎ Destressing activities



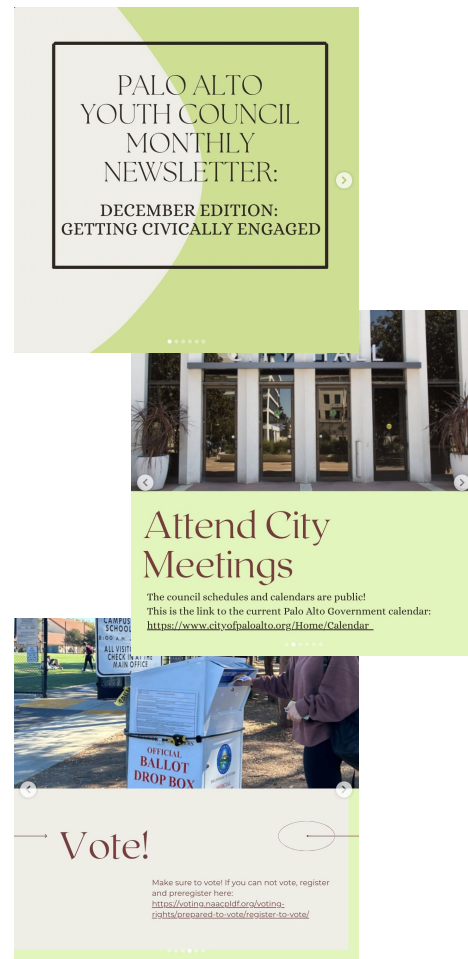
# Monthly Political Newsletter

## ■ Objectives

- Increase civic literacy & engagement

## ■ Contents

- Nov: council & school board elections
- Dec: politics opportunities
- Jan: flood education
- Feb: sister cities
- Mar: summer work opportunities



# City Official Meet & Greet

- Objectives
  - Youth-city communication
  - Civic education
- Panelists
  - Mayor, Vice Mayor, Councilmember
  - City Manager
  - Community Services Director
  - Fire & Police department
  - Parks & Rec Commissioner

## City Council Meet and Greet

**Sunday, January 15**  
**3 PM to 5 PM**  
**Palo Alto Teen Center**

*Meet your new City Council! Learn about their legislative priorities and upcoming initiatives. All are welcome!*



# Voter Pre-registration

---

- ▣ Objectives
  - ▣ Increase voter turnout
- ▣ Offerings
  - ▣ Online registration
    - Paly, Gunn
  - ▣ In-Person
    - Farmer's Market



# Environmental Movie Night

- Objectives
  - Climate education & advocacy
  - Community bonding
- Offerings
  - The Lorax showing
  - Free entry
  - Free snacks



**2023-2024**

# Themes

---

## 1. Mental Health



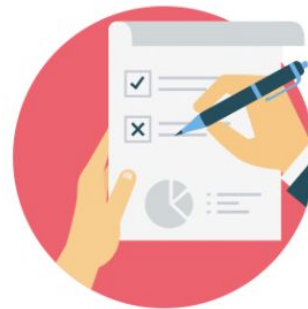
## 2. Civic Engagement



# Mental Health Census

---

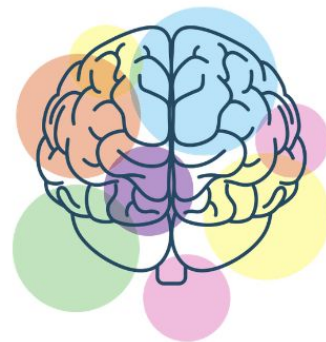
- Objectives
  - Quantify # of youth experiencing disorders
    - Anxiety, depression, bipolar, PTSD
  - Understand barriers to treatment & advocacy
- Contents
  - City-wide survey
  - Inform city council & commission



# Short Mental Health Films

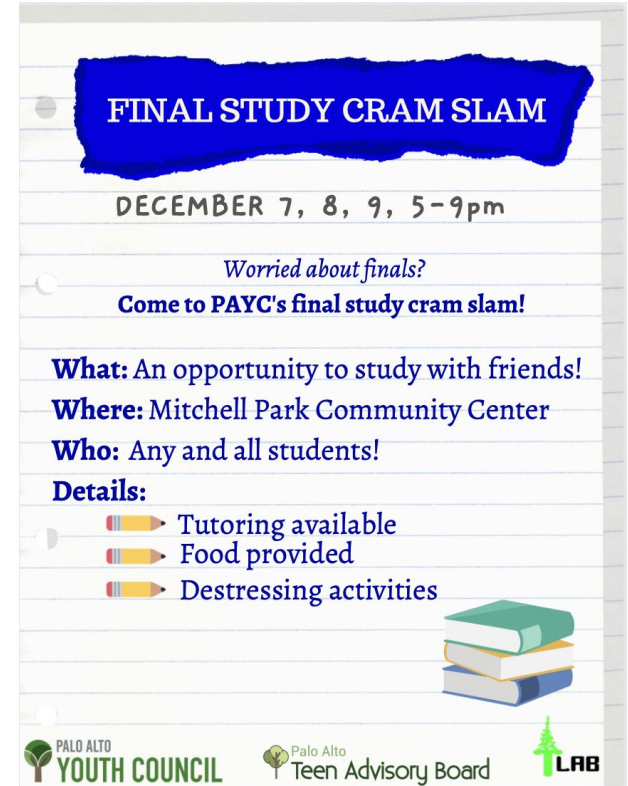
---

- Objectives
  - Offer resources & techniques
  - Increase awareness & advocacy
  - Highlight youth perspectives & experiences
- Interviewees
  - Mental health professionals
  - PA young people



# Final Study Cram Slam

- Objectives
  - Academic support
  - Anxiety relief
  - Community bonding
- Offerings
  - Study groups
  - Free tutoring
  - Silent study & game room
  - De-stressing activities: therapy dogs, slime-making, etc
  - Free dinner & snacks






**FINAL STUDY CRAM SLAM**


DECEMBER 7, 8, 9, 5-9pm




*Worried about finals?*  
**Come to PAYC's final study cram slam!**

**What:** An opportunity to study with friends!  
**Where:** Mitchell Park Community Center  
**Who:** Any and all students!

**Details:**

-  Tutoring available
-  Food provided
-  Destressing activities



# Youth Issues Census

---

## ■ Objectives

- Champion youth concerns to the City Council & Parks and Recreation Commission

## ■ Questions

- Climate change
- Affordable housing
- Mental health
- School reform



# “Palo Alto-gather” Newspaper

- Objectives
  - Make current events accessible & engaging
  - Foster civic literacy & engagement
- Contents
  - Global affairs, city events, resources
- Issues
  - Sept: Trump indictment
  - Oct: Israel-Gaza conflict

**THE PALO ALTO-GATHER • SEPTEMBER**

**What is Palo Alto-gather?**

Welcome to The Palo Alto Youth Council's interactive newsletter.

Each month, The Palo Alto-gather dissects a new political issue, covers local youth-organized initiatives, and offers ways to become civically engaged.

Email us with the subject line "Newsletter" to subscribe.

**Palo Alto Youth Council**

Website: <https://paloaltoyouthcouncil.org/>  
paye  
Email: [officialpaye@gmail.com](mailto:officialpaye@gmail.com)

**What are Trump's Charges?**

- 1. Supreme Court, NY**  
Portraying "hush money" payments to adult film stars Stormy Daniels and Karen McDougal as legal expenses.
- 2. District court, FL**  
Storing classified documents at The Mar-a-Lago Club after presidency.
- 3. District court, DC**  
Interference in peaceful transfer of power after the 2020 election.
- 4. Superior Court, GA**  
Thwarting proper certification of Georgia's 2020 election.

**Could indictment impact Trump's 2024 run for presidency?**

The Constitution, which establishes the criteria for the presidency, does not prohibit Donald Trump from running for or assuming presidency while facing criminal charges or serving a sentence.

The former president recently described being indicted as a "great badge of honor" that has politicized—and benefited—his campaign. Trump continues to receive support through donations and mentions on influential conservative news sources.

**Can Trump pardon himself?**

1. Presidential pardons only apply to federal crimes (two of four indictments).
2. The Constitution bars presidents from pardoning themselves from impeachments. Conduct concerning impeachment wouldn't be eligible.
3. A pardon could result in a Supreme Court case. The court may not side with Trump, despite the conservative majority. A 1974 Justice Department memo stated, "under the fundamental rule that no one may be a judge in his own case, the president cannot pardon himself."

**Questions? Concerns? Want to be featured?**

Email The Palo Alto Youth Council to share your questions or concerns, or to have your opinion piece featured in the next issue of The Palo Alto-gather.

# Appreciations

---

- City Council Representative: Julie Lythcott-Haims
- Parks & Rec Representative: Anne Cribbs, Nellis Freeman, Jeff Greenfield, Bing Wei, Joy Oche
- Advisor: Chris Sanchez
- The Mitchell Park Community Center

# Questions

---

- What are P&R's primary objectives this year?
- How does P&R currently communicate with youth?
- How can PAYC best serve P&R?
- What will collaboration look like between PAYC and P&R?
  - Attending meetings
  - Study sessions

Thank you