

BE PREPARED AND HELP PREVENT THE SPREAD OF RESPIRATORY VIRUSES

There are simple, everyday preventive actions you can take to help limit the spread of respiratory viruses.



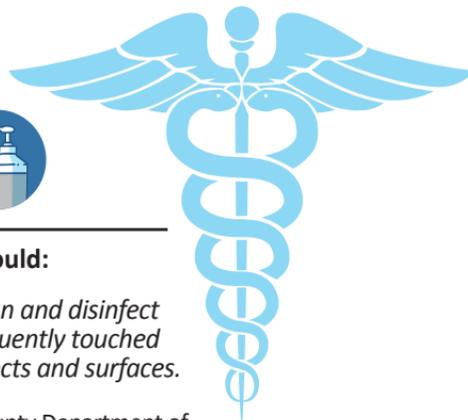
Avoid close contact with people who are sick.



Avoid touching your eyes, nose, and mouth with unwashed hands.



Wash your hands often with soap and water for at least 20 seconds. Use an alcohol-based hand sanitizer that contains at least 60% alcohol if soap and water are not available.



If you are sick, to keep from spreading respiratory illness to others, you should:



Stay home when you are sick.



Cover your cough or sneeze with a tissue, then throw the tissue in the trash.



Clean and disinfect frequently touched objects and surfaces.

CITY OPERATIONS AND RESPONSE: City is monitoring and partnering with Santa Clara County Department of Public Health, Stanford Health, and is focused on maintaining health and life safety to maintain community resiliency.

STAY AWARE AND INFORMED

The City established a webpage to inform the community, answer frequently asked questions and provide safety tips.

Sign-up for city updates on the Coronavirus and other important issues at:
[cityofpaloalto.org/newslettersignup](https://www.cityofpaloalto.org/newslettersignup)



Learn more at www.cityofpaloalto.org/coronavirus

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FREQUENTLY ASKED QUESTIONS

Q SHOULD I BE WORRIED THAT MY CHILDREN ARE AT RISK?

A According to the CDC, there is no evidence that children are more susceptible to the coronavirus. In fact, most confirmed cases of COVID-19 reported from China have occurred in adults. Infections in children have been reported though, including in very young children. Children should engage in usual preventive actions to avoid infection, including cleaning hands often using soap and water or alcohol-based hand sanitizer, avoiding people who are sick, and staying up to date on vaccinations, including influenza vaccine. For CDC guidance related to children, go here.

Q WHO IS AT HIGHEST RISK AND SHOULD I CANCEL MY PLANS TO ATTEND LARGE GATHERINGS OR CONCERTS?

A New Santa Clara County Public Health Department guidance to help protect our most vulnerable populations includes urging those at highest risk including community members who are 80 years old and older and persons with underlying medical problems to avoid mass gatherings such as parades, sporting events, and concerts where large numbers of people are within arm's length of one another. This would not include typical office environments, grocery stores, or shopping centers, where it is unusual for large numbers of people to be within arm's length of one another.

Q WHAT IS THE CITY OF PALO ALTO DOING TO KEEP THE COMMUNITY SAFE, INFORMED AND PLANNING AHEAD?

A The City of Palo Alto has been tracking and is monitoring the emerging infectious disease. The situation continues to evolve. The City's Office of Emergency Services (OES) is participating in the Santa Clara County briefings as well as monitoring advisories issued by the U.S. Centers for Disease Control and Prevention (CDC). OES has also been in contact with Stanford Health Care and other hospitals and clinics to coordinate on preparation and contingency planning. The City has already implemented operational changes, including supplying protective gear for field staff, expanding 911 dispatcher protocols to support Police, Fire, emergency medical first responders, and Utilities staff, providing more hand sanitizer stations and enhanced cleaning in public facilities.



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