

(Information as of 9/27/22)

COMMUNITY RESOURCES FOR THE UNHOUSED

Hygiene:

Bathrooms:

City Park locations: Open daily from approximately dawn to dusk

- El Camino Park (155 El Camino Real)
- Greer Park (1098 Amarillo Ave)
- Hoover Park (2901 Cowper St,)
- Juana Briones Park (Clemo Ave & Maybell Avenue)
- Mitchell Park (600 E Meadow Dr)
- Peers Park (1899 Park Blvd)
- Rinconada Park (777 Embarcadero Rd)
- Stanford Palo Alto Playing Fields (2353 El Camino Real)
- Seale Park (3100 Stockton Pl,)

City parking garage locations:

Open 24 hours a day

- Bryant/Lytton Garage 445 Bryant Street
- High/Alma South Garage 525 High Street

Showers/Laundry:

• LifeMoves - Opportunity Services Center (33 Encina, Palo Alto) - Showers and Laundry open M – F, 8am – 4pm

Other resources & Information:

- **Shelter Hotline:** Need Shelter During COVID-19? **408-385-2400** 7 days a week 9-7pm to request shelter services. Please leave a message if all lines are busy and someone will call you back.
- LifeMoves Opportunity Services Center 650- 853-8672 33 Encina Ave, Palo Alto MON FRI, 8AM-4PM. breakfast & lunch, bus passes, case management, classes, coffee & snacks, coin laundry, coin showers, computers & Wi-Fi, emergency utilities & rental assistance, lockers, mailbox services, permanent housing assistance, shelter referrals, toiletries. www.lifemoves.org
- Peninsula HealthCare Connection 650-853-0321 -33 Encina Ave, Palo Alto MON-FRI, 8AM-5PM: Free primary, preventative and mental healthcare. Please call to schedule an appointment. <u>www.peninsulahcc.org</u>
- MayView Community Health Center at 650-330-7400– 270 Grant Ave., Palo Alto. Monday-Friday 8am-5pm, Tuesday 9:30am-5pm If you have a medical question/concern, please call their main appointment line. Do NOT go to a MayView clinic without an appointment. <u>https://ravenswoodfhc.org/services/mayview-services</u>

- Ravenswood Clinic 1885 Bay Rd, East Palo Alto Open & operating Monday-Friday 8am-7pm call 650-330-7400 - No appointment necessary for TB tests. Screening at entrance: make sure to let people know you are there to get TB screening for a shelter. <u>https://ravenswoodfhc.org/services/ravenswood-services</u>
- WeHOPE -1858 Bay Rd, East Palo Alto 650-330-8000 Shelter & meals: DAILY, Entry at 4:30PM. Dinner at 7. pm www.wehope.org
- Heart & Home Collaborative Seasonal Shelter for Women (closed until November, 2022)-During times of
 operation and in need of shelter, you or a case manager working on your behalf can contact us at 650-600-1555
 or by email at info@hhcollab.org
- Move Mountain View Safe Parking Program. If you need a safe place to park, contact MOVE Mountain View offices at 650-861-0181. <u>www.Movemv.org</u>
- Downtown Food Closet operated by Downtown Streets Team 650-325-3663 All Saints Church, 425 Hamilton Avenue, Palo Alto. Food closet: MON-FRI, 10AM-2:30PM, THU 10am 7pm
- **Downtown Streets Team 408-899-7350** Helping homeless men and women rebuild their lives through a volunteer work-readiness program. <u>www.streetsteam.org</u>
- **Karat School Project** Assists families living in RV's including providing educational resources and other essential item assistance. For information, go to https://theksp.org/
- La Comida pick up meals Senior's Only (ages 60 plus) <u>www.lacomida.org</u>
 - Stevenson House 455 East Charleston Road Palo Alto, 11:15am 12:15pm
 - \circ United Methodist Church 625 Hamilton Road Palo Alto, 11:45am to 12:15pm
- Second Harvest Foodbank: Contact Food Connection hotline at 1-800-984-3663. Text "GETFOOD" to 408-455-5181. Email getfood@shfb.org or visit <u>www.shfb.org</u>
- 24/7 Domestic Violence Hotline 408-279-2962
- SUICIDE HOTLINE/RESOURCES
 - If you or someone you know is in immediate danger please call <u>911</u>.
 - If you are not in immediate danger because of thoughts of suicide, but need someone to talk with about your suicidal feelings, please call one of the following national suicide prevention lines:
 - 1-800 SUICIDE (1-800-784-2433)
 - 1-800-273-TALK (1-800-273-8255)
 - 24/7 CRISIS LINE <u>1-855-278-4204</u>