

allcove Palo Alto

Presentation by:

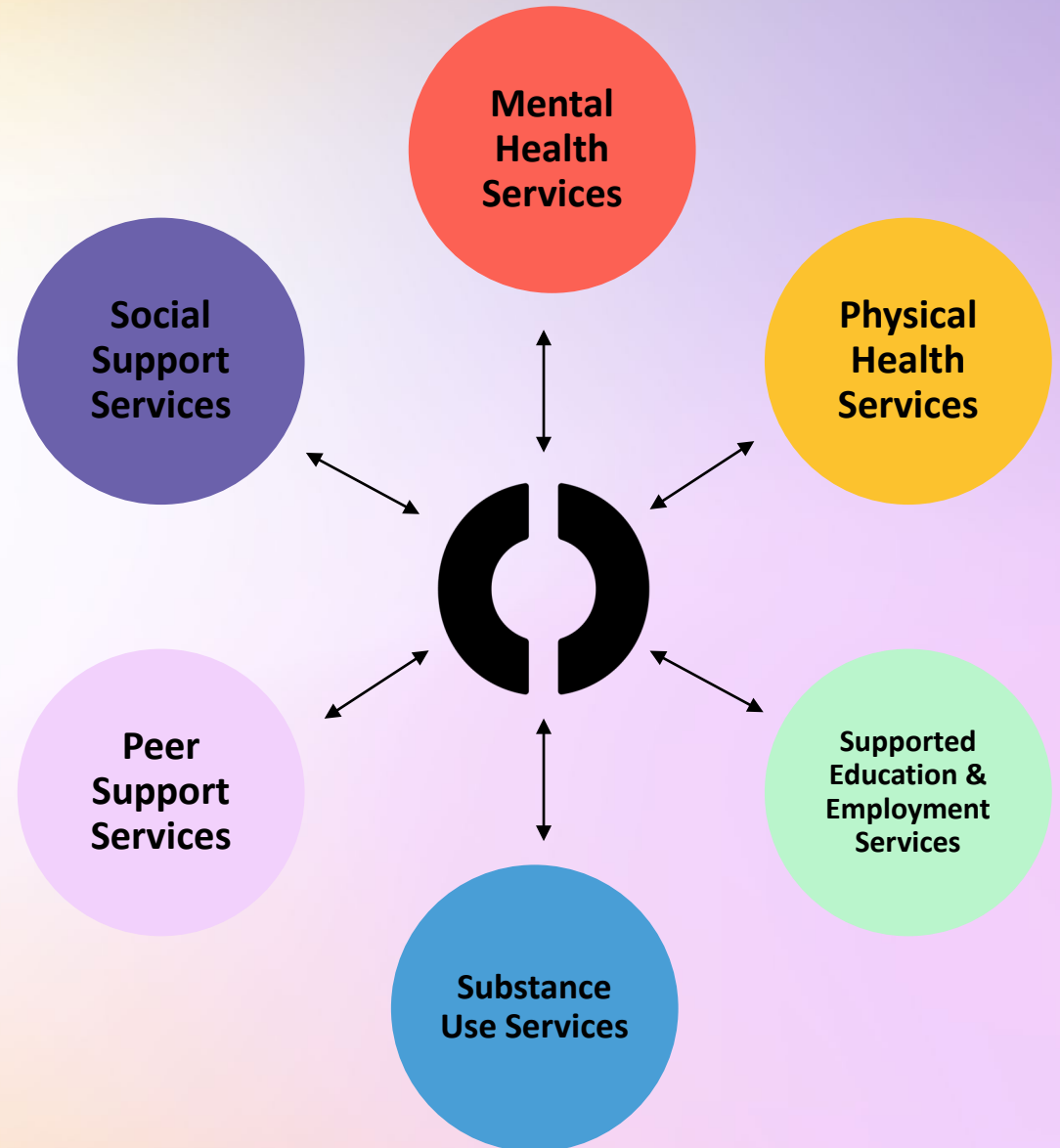
Duy Nguyen, allcove Center Program Manager

Olga Lizama, Peer Support Program Manager

08/15/2022

allcove overview

- allcove is a space for youth to find community, support, advice or even just a moment of pause
- we welcome young people ages 12 to 25 with mild to moderate needs looking for holistic support
- In a welcoming, safe, comfortable and non-judgmental environment
- Designed for and by young people

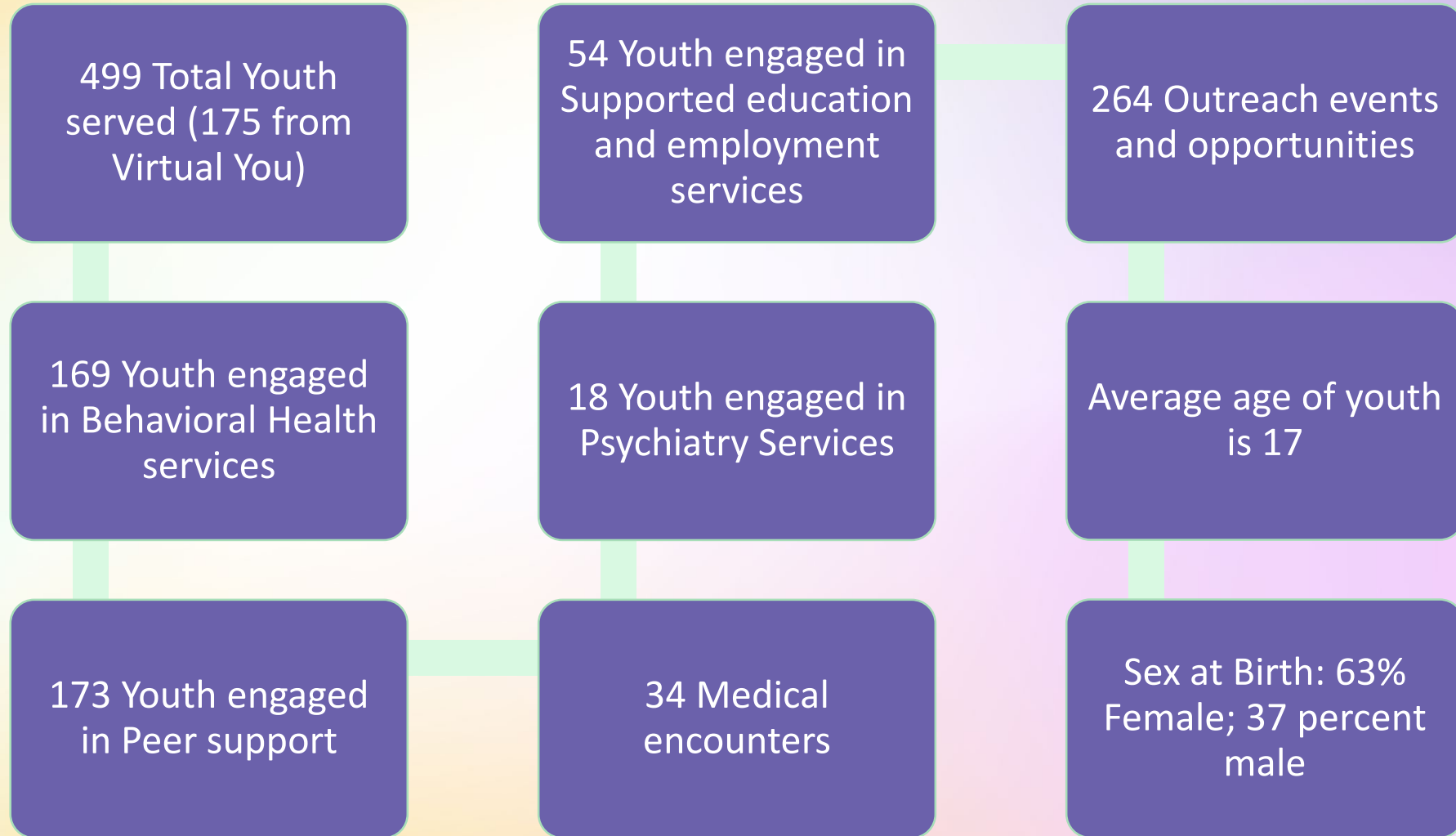


youth advisory group

- The mission of the allcove Youth Advisory Group is to empower young people to become the leading voice in
 - redefining mental wellness
 - reducing stigma
 - increasing access to youth mental health support
- Each allcove center has its own local Youth Advisory Group, recognizing that different communities have different needs. These young people represent their community with diverse lived experience, providing insights into services, staff, location, etc.



allcove – getting started in FY 21-22



allcove outreach efforts

Outreach efforts are led by Alum Rock Counseling Center and the Peer Support Team:

- Weekly tabling events in front of the center
- Hosted events at the center such as a Spirit Week, Mental Health Awareness month, and 1 year anniversary
- Tabling at events including:
 - Out of Darkness
 - Foothill High School Outreach Fair
 - Palo Alto Earth Day Fair
- Community Conversations hosted at allcove around recent shootings and suicides in the community.
- Partnering with organizations such as Project Safety Net, Palo Alto School Counselor Collective, APPN, etc...
- Developing community relationships:
 - Local public and private schools.
 - Colleges
 - Parent-Teacher associations
 - Churches
 - Local businesses
 - County Contracted Providers
 - Primary Care offices
 - Private Practice Therapists/Groups

Youth engagement and feedback

- 96 percent of youth report feeling satisfied with services received at allcove.
- 97 percent of youth would recommend allcove to their friends and family.
- 100 percent of youth reported feeling heard and understood at allcove.
- 96 percent of youth reported services at allcove were high quality.
- “Continuous support rooted in humanity, love and understanding.”
- “Everyone I've met at allcove has been really nice and supportive.”
- Youth led workshops such as hiking groups, outdoor study lounge, art exhibitions, and art workshops.
- YAG involved in all steps of facility design.
- Youth led conversations around fentanyl and vaping response.
- Youth hosted focus group on direction of substance and mental health treatment over the next 3 years.

Questions and Answers

allcove Palo Alto

2741 Middlefield Road, Suite 102

Palo Alto, CA 94306

(650) 798 6330

(650) 321-2776 (fax)

Monday through Friday 10 am–7 pm

Saturday 10 am–2 pm

Closed Sundays



Bus lines: Bus 35 and Bus 88

allcove

Contact us

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