

# PALO ALTO Medical Reserve Corps

#### **Get Involved!**

Palo Alto MRC is a local unit (#2581) of the National Medical Reserve Corps program that is in the process of building their capabilities to support our community during times of great need. MRC volunteers are part of an organized and trained team that is ready to bolster local emergency planning and response capabilities.

**Needed:** We need and can use everyone. From retired medical personnel to nonmedical volunteers interested in assisting their community in times of great need. We provide training and would love to have you join our team.



## What Would I Do As A Volunteer?

The specific role that you will play and activities in which you will participate will depend on your background, interests and skills. A few examples are:

- Delivering basic first aid
- Registering victims at a first aid station
- Sitting with an anxious relative of a victim
- Assisting with translations
- Playing with and comforting children of treatment victims

**MRC volunteers attend drills** to practice our roles as medical responders, to share inputs and skills, and to be prepared for that eventual large scale emergency.

**MRC volunteers attend trainings** in order to improve their skills, knowledge and abilities. See upcoming training opportunities on the back of this flyer.

For more information on the program, check out our website page <u>HERE</u>:

http://www.cityofpaloalto.org/MRC



### **Upcoming MRC Events:**

#### **Medical Triage and Treatment Refresher**

February 23, 2017 9 am —3:30 pm Cubberley Community Center Sign-up <u>HERE</u>



#### American Red Cross First Aid / CPR / AED

March 25, 2017 9 am —3:30 pm Cubberley Community Center Sign-up <u>HERE</u>

#### **May Fete Parade and Fair Support**

May 6, 2017 10 am - 1 pm Downtown Palo Alto

#### **American Red Cross Wilderness First Aid**

August 12 + 13, 2017 (2 day class) 9 am— 3:30 pm Cubberley Community Center

> More trainings are being planned for 2017. Sign up now to get started!

Register for one of these events or get more information about the Palo Alto MRC program. Email us at oes@cityofpaloalto.org or call our office at 650-617-3197.

Learn more about the Palo Alto Emergency Services Volunteer Program at <a href="https://www.cityofpaloalto.org/emergencyvolunteers">www.cityofpaloalto.org/emergencyvolunteers</a>

