

From: City of Palo Alto Community Services
<enjoyonline@cityofpaloalto.org>
Sent: Monday, June 29, 2015 12:02 AM
To: Perez, Erin
Subject: Enjoy! Enewsletter



June 29, 2015

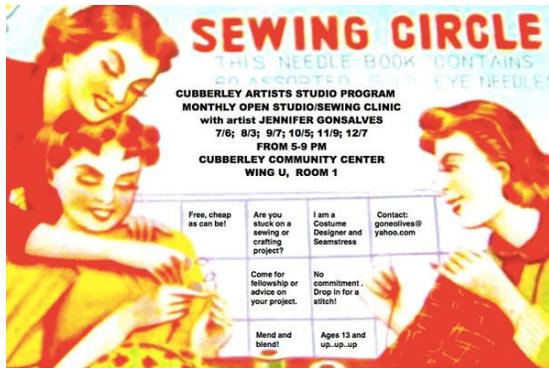


HIGHLIGHTS THIS WEEK



[34th Annual Chili Cook Off and Summer Festival](#)

Come celebrate Independence Day at the [34th Annual City of Palo Alto Summer Festival & Chili Cook Off](#) on **Saturday, July 4th**, from 12pm-5pm at Mitchell Park! With live music featuring Rockin' Down the Highway (music from the Doobie Brothers); a variety of children's activities; art activities by the Palo Alto Art Center, and more! The Chili Cook Off has something for every member of the family. Chili and ice cream tasting starts at 1:30pm!



Join a Sewing Circle

Are you stuck on a sewing or craft project? The Cubberley Artists Studio Program will host a free monthly open studio/sewing clinic with artist Jennifer Gonsalves. Come to the Cubberley Community Center, Wing U, Room 1 from 5pm-9pm on July 6 to join the sewing circle!

For more information, visit www.cityofpaloalto.org/casp



Artist-in-Residence

Stop by the Art Center to [meet artist-in-residence Joel Daniel Phillips](#) as he works in his temporary studio, creating charcoal and graphite life-sized portraits of residents of the Buena Vista Mobile Home Park in Palo Alto. Phillips will work on-site Thursdays from 11am-9pm, and Saturdays from 11am-5pm through August 29.

To learn more, visit cityofpaloalto.org/artcenter



Senior Men's Golf League

Would you like to work on your golf game while enjoying good friends? Join the [Palo Alto Senior Men's Club](#)! Rounds are played on Monday mornings starting at 7:30am at the Palo Alto Golf Course. We field an average of 8 foursomes per week on this course. Membership is for men 60 years of age or older who reside on the Peninsula. Various prizes, contest, and tournament honors are available during the year.

For more information, visit <http://www.bradlozaresgolfshop.com>



BOOST! Aerobics

If you're looking for a challenging low-impact workout, check out the BOOST! Aerobic classes. These drop-in classes feature easy-to-follow aerobic/dance routines to improve your cardiovascular system. Classes also include weight strength training, floor conditioning, and stretching. Please wear comfortable exercise shoes with non-skid soles.

BOOST! memberships are available at Mitchell Park Community Center, Cubberley Community Center Office, Lucie Stern and [online](#).

Learn more about the Community Services Department at <http://www.cityofpaloalto.org/gov/depts/csd>

Learn more about our programs at <http://enjoyonline.cityofpaloalto.org>

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This message was sent to Erin.Perez@cityofpaloalto.org from:

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