

From: City of Palo Alto Community Services
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To: Perez, Erin
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March 23, 2015

enjoy!



CITY OF
PALO ALTO

COMMUNITY SERVICES DEPARTMENT NEWS

HIGHLIGHTS THIS WEEK

IN THIS TOGETHER:
A Place to share, a place
to support, a place
to heal.

TEEN FORUM
FRIDAY 3/27



[Youth Forum: In This Together](#)

On March 27th from 5:30pm-9:00pm at the Mitchell Park Community Center, the City of Palo Alto will host

a [youth forum](#) titled “In This Together: A Place to Share, A Place to Support, A Place to Heal.” Youths can participate in small group discussions about topics important to their well-being. Food, drinks, music, and selfie booths will be provided at this free event.

For more information, go to www.clickPA.org



CUBBERLEY COMMUNITY CENTER
DAY EVENT
MARCH 28, 2015
4000 MIDDLEFIELD ROAD, PALO ALTO

 **KID'S ACTIVITIES**  **CANOPY TREE PLANTING**

Cubberley Community Day

Join us this Saturday, March 28, from 9:00am-2:00pm at the Cubberley Community Center for our Community Day event! You can learn about volunteer opportunities in the area, participate in a tree planting project, enjoy live performances, and try out items from the Bake Sale! There will also be activities geared towards kids, including face painting and a balloon artist. Parking is limited, so neighbors are encouraged to walk to this community-building event.



Spring Family Day

Bring your family to our annual Spring Family Day at the Art Center on March 29 from 2:00pm-5:00pm. This free event features a wide range of art-making projects geared towards children ages 5 and up and their families. Enjoy drawing activities inspired by the Art Center’s current exhibition, [Hear This!](#), as well as a musical performance by students from Palo Alto’s [School of Rock](#). [Members](#) receive exclusive early entry to Art Center activities beginning at 1:00pm.



Science for Preschoolers Rocks!

Starting April 15, preschoolers and their adults become "Junior Geologists" at the **Palo Alto Junior Museum and Zoo** on Wednesday mornings. Make crystals, dig for fossils and learn about volcanoes. Kindergarteners through 3rd graders can investigate "Geology" on Tuesday afternoons. Registration is open now. Class sizes are kept small for an intimate, interactive experience.

To register, visit cityofpaloalto.org/enjoy or call 650-329-2111



New Women's Self Defense Class

Are you interested in building awareness, confidence and physical skills in self-defense situations? You can learn self-defense skills in the new Women's Self Defense class. The class will cover escape techniques, holds, elbow & knee attacks, and more. Classes start on April 3, at the **Lucie Stern Community Center Ballroom** from 7:00pm-8:00pm.

For more information, go to cityofpaloalto.org/enjoy

Learn more about the Community Services Department at <http://www.cityofpaloalto.org/gov/depts/csd>

Learn more about our programs at <http://enjoyonline.cityofpaloalto.org>

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