

## Parents: Help your student learn how to share the road safely.

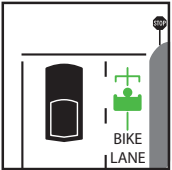
Help your child choose the best walking or cycling route - it may not be the same way you would drive in a car! Children who regularly practice safe walking and biking skills when young are more likely to make safer choices as teenagers.

**Obey adult crossing guards. They are there to help you cross congested intersections safely.**

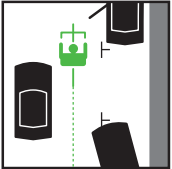
## Bike Safely



Wear your helmet and buckle it every time. It's the law. To best protect your brain, your helmet must fit properly: snug and level on your head, just above your eyebrows.

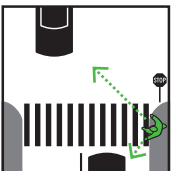


Be predictable. Avoid crashes as well as traffic tickets by following the same rules of the road that apply to car drivers when riding your bike. This includes obeying ALL stop signs and traffic signals, as well as yielding to pedestrians.



Be alert. Watch out for drivers turning left or right, or cars coming out of driveways. Avoid doors being opened in front of you by riding out of the door zone.

## Walk or Skate Safely



Be alert. Look for cars from all directions before entering the street - including from behind you.

Cross at corners. This is where drivers expect you.



Don't assume drivers see you! Make eye contact - especially at intersections and driveways.

## Drive Safely

- Slow down in school zones. The safe speed may be below the 25 mph speed limit.
- Be aware of school commute routes. Children walking or biking to school help reduce traffic congestion - give them a brake and use extra caution. Young children think drivers can stop instantly and may not be able to judge speed or distance of vehicles moving toward them.
- Obey "No Right Turn on Red" signs where posted at school intersections. This allows students to cross safely without cars turning through the crosswalk.
- Yield to pedestrians in crosswalks.
- Avoid making U-turns and other unsafe maneuvers.
- Never double park. Avoid blocking red curbs or disabled access ramps.
- Make sure your child gets out of your car on the curb side, not near traffic.
- Use booster seats to make adult seat belts safer for children younger than 8 years old or under 4'-9" tall.
- Set a good example by following instructions of crossing guards.
- Try to carpool whenever possible to help reduce traffic congestion near schools.

### City of Palo Alto Safe Routes to School

[www.cityofpaloalto.org/saferoutes](http://www.cityofpaloalto.org/saferoutes)

[saferoutes@cityofpaloalto.org](mailto:saferoutes@cityofpaloalto.org)

650.329.2156















# WALK AND ROLL TO SCHOOL

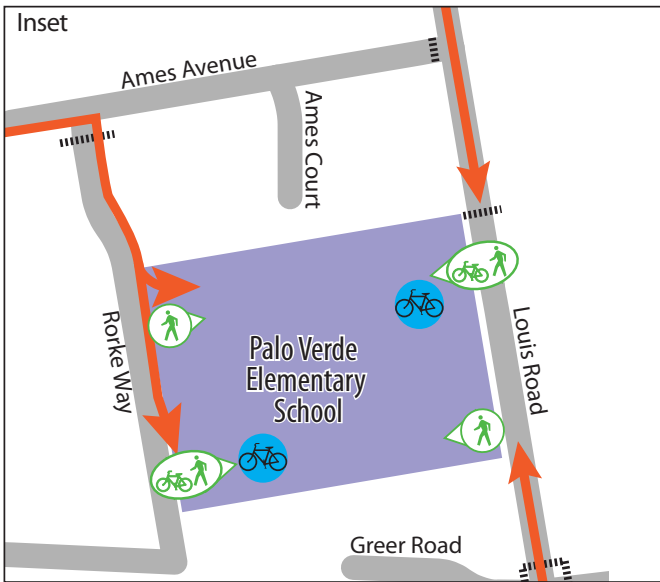
## Suggested Routes

# Palo Verde Elementary

# Palo Verde Elementary School

## WALK AND ROLL TO SCHOOL SUGGESTED ROUTES

-  School
-  Suggested Route (Walking and Biking)
-  Est. Walking Time (Walking and Biking)
-  Crossing Guard Location
-  Pedestrian-Only Access
-  Pedestrian and Bicycle Access
-  Bicycle Parking
-  Traffic Signal
-  All-Way Stop
-  Marked Crosswalk
-  Enrollment Area
-  Parks and Open Space



For more Safe Routes to School information, please visit: [www.cityofpaloalto.org/saferoutes](http://www.cityofpaloalto.org/saferoutes)

The Palo Alto Safe Routes to School Partnership encourages parents to walk or bike with students and use this mapping tool to explore options for commuting from home to school. Parents are responsible for choosing the most appropriate route based on their knowledge of conditions on the route between home and school and the experience level of their child.

