

**Parent Project Program Presented by the Palo Alto  
Police Department in Partnership with the Palo Alto  
Unified School District**

***What is the Parent Project Program?***

A nationally acclaimed parenting program specifically designed for the parents of strong-willed or out of control kids. You will be provided with proven strategies that correct destructive behaviors that impact your family life as well as school performance. You can log on to the Parent Project national website at [www.parentproject.com](http://www.parentproject.com) for more details.

***Who is teaching this Program?***

Palo Alto Police Officers and Palo Alto Unified School District officials who have been accredited as facilitators by the National Parent Project Program in Ontario, California. They have extensive experience in dealing with difficult and out of control adolescents.

***When is the next session?***

The fall session begins on September 25th, 2008. We will meet every Thursday until December 18, 2008. The class times are 6:00pm until 9:00pm. There will be no class on Thursday, November 27<sup>th</sup> (Thanksgiving Day).

***Is the program also offered in Spanish?***

Yes it is. We will be offering a simultaneous class this fall taught by Spanish-speaking facilitators.

***Where will it be offered?***

We will be meeting at the Palo Alto Unified School District office located at 25 Churchill Ave. in Palo Alto.

***How much does it cost?***

The registration fee for the entire session, which totals 12 classes, costs \$100.00 per family plus \$35.00 for the workbook. If you agree to attend the entire session, the Palo Alto Adult School will pay your \$100.00 tuition cost. The workbook fee can be paid by cash or check made out to Palo Alto Police Department.

***How can I sign up?***

Contact Donna Arndt or Melda Christmas of the Palo Alto Police Department at 650-617-3100, ext. 1321 or by email at [donna.arndt@cityofpaloalto.org](mailto:donna.arndt@cityofpaloalto.org) or [melda.christmas@cityofpaloalto.org](mailto:melda.christmas@cityofpaloalto.org)

***Who can I contact for additional questions?***

Contact Agent Donna Arndt of the Palo Alto Police Department at 650-617-3100, ext. 1321 or by email at [donna.arndt@cityofpaloalto.org](mailto:donna.arndt@cityofpaloalto.org). You can also visit the City of Palo Alto website at [www.papd.org](http://www.papd.org) (click on community involvement).

***What can I learn by attending this class?***

- How to never argue with your child
- How to adopt and implement ways to discipline strong-willed or out of control kids
- How to help my child to improve his/her school attendance and grades
- How to recognize and intervene in alcohol and other drug use
- How to prevent and intervene in gang and other high risk activities
- How to create a healthier and more harmonious life at home
- How to create a Personal Action Plan

***Will child care be available?***

Yes. For a very small fee child care will be available in an adjoining room. Your child will be able to complete homework assignments. There may be high school students available to tutor your child. You can register for child care when you register for Parent Project.

***Will there be refreshments served at class?***

Yes. Several local Palo Alto restaurants are supporting the Parent Project program by donating food and refreshments to our parents.