Matrix of Senior Services in Palo Alto

Palo Alto Senior Service Providers	Case Mgmt.	Payee Prog.	Training	I&R	Medical	Mental Health	Dental	Health Screening	Trans.	Grocery	Meals	Emergency Shelter	Assisted Living	Independent Living Services	Permanent Subsidized Housing	Rental Assist.	Education/ Rehab.	Enrichment Services	Legal Services	Other
Albert L. Schultz Jewish Community Center **650-493-9400**									e									e		
ALLIANCE for Community Care **650-617-8340**	e		e			e														
Alliance for Aging Independently **650-321-6736**			e	e									e					e		
Avenidas **650-327-2811**	e		e	e	e	e		e	e				e	e			e	e		adult day health care, home repair, health library
Chinese Community Center **650-324-4786**				e							e							e		
CAR **650-494-050**													e				e	e		
La Comida de California **650-322-3742**											e									
MayView **650-327-8717**				e	e			e	e											outreach
Mid-Peninsula Hospice **650-949-3029**					e															homecare & hospice
Peninsula Center for the Blind & Visually Impaired **650-858-0202**	e		e	e		e			e				e	e			e			low-vision optometric, volunteers
Second Harvest Food Bank **408-266-8866**								e		e										
Self-Help for the Elderly **650-494-7744**									e	e	e		e							
Senior Adult Legal Assistance **408-295-5991**				e															e	

Palo Alto Adult Education Senior Friendship Day **650-365-9322**			e								e						e	e		
Catholic Charities **408-944-0469**													e							Ombudsman Program
City of Palo Alto Community Services **650-329-2239**																		e		physical health improvement & maintenance, personal development
Outreach & Escort **408-436-2865**	e	e							e											
Other Senior Service Providers																				
Council on Aging in Santa Clara County **408-296-8290**	e		e	e				e	e	e	e		e							employment
Economic & Social Opportunities **408-971-0888**	e							e						e						utility payment asst., min-or home repair, barrier removal
Mountain View Community Services **650-968-0836**	e			e																
Santa Clara County Adult Protective Services **408-928-3860**	e	e		e		e				e	e	e	e						e	protective services
Public Health Nursing of Santa Clara County **408-885-2100**	e			e				e												drug & alcohol