



# Lifeguard Training Class



**Do you want to learn professional life saving skills?**

**Do you enjoy being of service to others?**

**Do you like being in the water?**

**...Then Lifeguarding is for YOU!**

*The City of Palo Alto is offering two Lifeguard Training Courses:*

**PAUSD Spring Break—March 18-27, 2009:**

Wednesday, March 18 6:00pm to 7:00pm—Pre-test  
Saturday, March 21 10:00am to 4:30pm  
Sunday, March 22 11:00am to 4:30pm  
Monday, March 23 10:00am to 4:00pm  
Tuesday, March 24 9:30am to 3:30pm  
Wednesday, March 25 10:00am to 4:00pm  
Thursday, March 26 9:30am to 3:30pm  
Friday, March 27 10:00am to 4:00pm—Final Test

**Last Chance—April 15-26, 2009:**

Wednesday, April 15 6:00pm to 7pm—Pre-test  
Friday, April 17 5:30pm to 9:00pm  
Saturday, April 18 10:00am to 5:00pm  
Sunday, April 19 11:00am to 5:00pm  
Wednesday, April 22 5:30pm to 9:00pm  
Friday, April 24 5:30pm to 9:00pm  
Saturday, April 25 10:00am to 5:00pm  
Sunday, April 26 11:00am to 3:00pm—Final Test

**Participants are welcome to apply for a Swim Instructor/Lifeguard position with the City of Palo Alto after successful completion of course. Employment begins June 15, 2009.**

**Cost: \$189 (residents) / \$219 (non-residents)**

**Pre-requisites:**

15 years of age by the end of the class  
Able to swim 300 yards (12 laps, freestyle and/or breaststroke)



**Registration: [www.CityofPaloAlto.org/enjoy](http://www.CityofPaloAlto.org/enjoy) begins February 20.**

**Course Code: Spring Break course: 60477**

**Last Chance course: 60478**

**Questions? Contact: Annie Bunten**

**Phone: (650)463-4929**

**Email: [Annie.Bunten@CityofPaloAlto.org](mailto:Annie.Bunten@CityofPaloAlto.org)**

**Website: [www.CityofPaloAlto.org/Aquatics](http://www.CityofPaloAlto.org/Aquatics)**